



EXAMINATIONS COUNCIL OF ZAMBIA

JUNIOR SECONDARY SCHOOL LEAVING EXAMINATION (GRADE 9) – 2011

HOME ECONOMICS PRACTICAL

601/2

NOTE: Eight tests to be selected by the teacher.

MARKS: 60

TIME:	For writing the plan of work	1 hour 30 minutes
	For preparation on day of test	1 hour 15 minutes
	For test	2 hours 30 minutes

INSTRUCTIONS TO CANDIDATES FOR PREPARATION SESSION

Study the test you have been given.

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You are given 2 hours 30 minutes in which to:

- (i) Make a plan of work (in duplicate using carbon paper) giving:

 - the number of the test you have drawn.
 - **a list of dishes chosen** with recipes (not the method).
 - the article(s) to be laundered (a full description should be given, - e.g. small, dirty, coloured cotton table cloth).
 - the article(s) needed for **housewifery**.
- (ii) On the **plan of work** show the **basic method** you are going to use and the order in which you are going to do your test, indicating the time at which you will start each piece of practical work.
- On another sheet of paper (in duplicate using carbon paper) make a list of:

 - **ingredients** you require.
 - **cleaning materials** you require.
 - **equipment** you will need.

NOTE: Recipe books may be used during the preparation session, but they must not be used during the Practical Examination, as you will refer to your plan of work.

Cell phones are not allowed in the examination room.

PRACTICAL COOKERY, HOUSECRAFT, AND PARENTHOOD

- 1 You are looking after your sister's two year old daughter for a weekend.
 - (a) Prepare suitable breakfast for the two of you.
 - (b) Prepare some biscuits as a snack.
 - (c) Launder the cot sheets she will use.
 - (d) Clean and make the cot bed.
- 2 There is going to be a traditional ceremony in your area and your uncle is coming to attend.
 - (a) Launder a coloured chitenge shirt that he will wear at the ceremony.
 - (b) Clean his bedroom and make his bed.
 - (c) Make some groundnut biscuits.
 - (d) Make a local fruit drink to go with the biscuits and serve on a tray with a cloth.
- 3 Your brother is going for a Scripture Union party.
 - (a) Make some jam tarts.
 - (b) Prepare sausage rolls and a fruit drink.
 - (c) Launder his pillow cases.
 - (d) Clean and pack his toilet bag.
- 4 Your mother has gone away.
 - (a) Prepare nourishing porridge for your younger brother.
 - (b) Polish his leather school shoes.
 - (c) Pack a simple packed meal made from tubers, eggs and nuts to eat at school.
 - (d) Clean the kitchen floor.
 - (e) Launder two kitchen towels.
- 5 Your father has come home after a long time.
 - (a) Prepare a three course meal for the family.
 - (b) Lay the table for two people.
 - (c) Clean his hat.
 - (d) Launder his chitenge shirt.

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- 6 There is a food competition.
- (a) Prepare a traditional nsima with fish and local vegetable.
 - (b) Prepare a beverage from local fruits.
 - (c) Clean the clay pot in which cool water will be served.
 - (d) Launder a table cloth.
- 7 Your Aunt has a birthday party.
- (a) Prepare her a Victoria Sandwich cake and Small Cakes.
 - (b) Make a beverage to accompany the cake.
 - (c) Launder a table cloth.
 - (d) Make a bouquet of flowers for her.
- 8 Your mother has gone to visit your grandfather.
- (a) Clean the dining room.
 - (b) Prepare breakfast for your father.
 - (c) Launder a tea stained tray cloth.
 - (d) Clean the wooden carving in the room.
- 9 You are visiting your cousin for the holiday and you want to show skills in Home Economics.
- (a) Prepare a two course meal for two people.
 - (b) Clean the kitchen sink.
 - (c) Launder a night wear.
 - (d) Make a dry flower arrangement.
- 10 You are receiving a pen pal from Japan.
- (a) Clean the sitting room.
 - (b) Make a cake and drink to give him.
 - (c) Prepare samp with beans or groundnuts.
 - (d) Launder two chair backs.
 - (e) Serve on a tray.

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